Application No. 10/687,937

## SPECIFICATION AMENDMENTS

Please amend paragraphs 12, 13 and 19 as follows.

[0012] Figure 2 is a cross-sectional view of the bumper cross member with holding elements taken along Line II-II of Figure 3 arranged at the end side;

[0013] Figure 3 is a top view of the bumper cross member with the rigid holding elements elements; and

Figure 4 is a view similar to Figure 3 but showing additional supporting elements.

[0019] According to another embodiment of the invention, additional supporting elements 8 may also be arranged at the end side <u>or sides</u> of the bumper cross member 1 <u>as shown in Figure 4</u>.